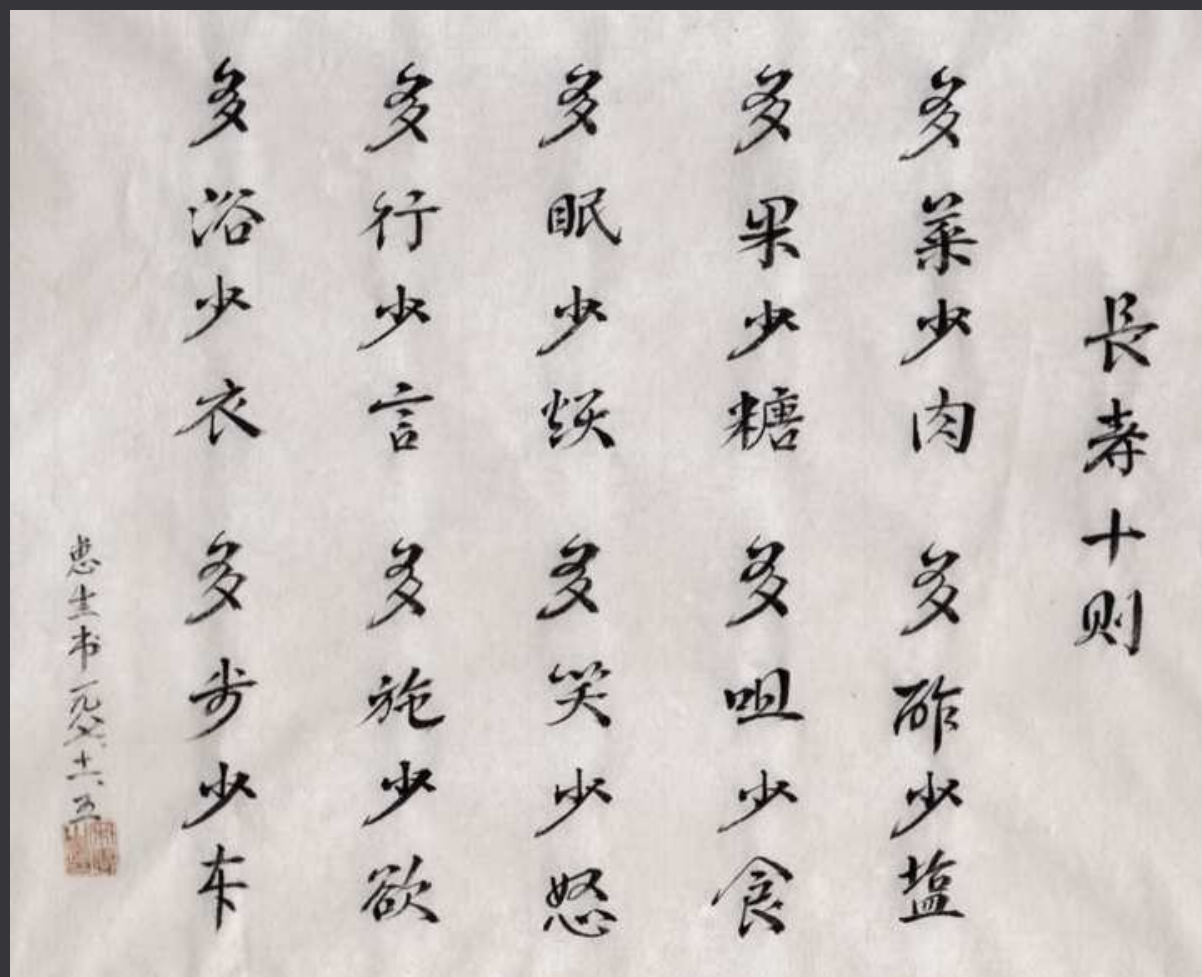


# 10 Lessons for Long Life



# 10 Lessons for Long Life

More Vegetables, Less Meat

More Vinegar, Less Salt

More Fruit, Less Sugar

More Chewing, Less Swallowing

More Sleep, Less Worry

More Laughter, Less Anger

More Action, Less Words

More Giving, Less Wanting

More Bathing, Less Clothing

More Walking, Less Riding

Timothy Chou

President,  
Oracle On Demand

# The End of Software

Transforming Your Business  
for the On Demand Future

*“The End of Software creates a common ground  
where CIOs and their counterparts can meet to think  
through the application of this new paradigm.”*

Geoffrey Moore, author of *Crossing the Chasm*